

Self Defense For Seniors: A Special Self Defense System For Seniors By Ken Boire

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Larry dill (author of so much better)

Larry Dill is the author of So Much Better (4.50 avg rating, 2 ratings, 1 review, published 2013) and Self Defense for Seniors (2.00 avg rating, 2 rating

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Self Defense for Seniors, a newly released book by Ken Boire, focuses on providing senior citizen protection practical martial arts system Ken

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